

Chance4Change

Scottish Adoption is now running [Chance4Change](#), which is a service for birth mothers offering individually tailored support and counselling to women whose children have recently been adopted or are in the process of being adopted. [Chance4Change](#) aims to help women to make positive changes to their lives and to reduce the chances of them having a further child adopted.

What Chance4Change Offers

- Support to women to help them to cope and live with the loss of their child or children and to focus on the positive contribution they can make to their own future and the future of the child's.
- Help women to identify the changes they want to make in their lives and enabling them to do so through a combination of individual counselling & therapy, group work and peer support.
- Work with other agencies that may also be involved and where necessary introduce new agencies to provide more long-term support.

Referrals

[Chance4Change](#) take referrals from women living in Edinburgh who have had children adopted or who are in the process of having children placed for adoption. The service is targeted at women who are at risk of losing a further child through adoption. Women can self refer or can be referred by professionals working with them. If women are not self-referring, they should be aware of, and in agreement with, the referral being made.

On receiving a referral, Scottish Adoption will make contact and offer an initial interview. Work can be open ended if it is proving helpful. In addition to working with Scottish Adoption, if it is assessed as needed, other professionals can be brought in to work with individual women, such as a range of therapists as well as referrals to specialist agencies within the local community.

In addition to group support there will also be the opportunity for peer support from women who have already been through the process and gone on to build positive lives following the adoption of their child.

For More Information

If you wish to find out more information or to make a referral to [Chance4Change](#) then please contact us on 0131 553 5060 and ask to speak with Ariane Critchley or email acritchley@scottishadoption.org

With 90 years of experience, Scottish Adoption can ensure a personal and responsive service to those who contact us. From the very first moment of enquiry to the dedicated follow up support, our team will be there for you, every step of your journey.

We have a highly professional and committed staff group with specialist knowledge in all areas of adoption. We understand the issues for those affected by adoption while recognising that every situation is unique and needs an individual response.